

Year 9 - PSHE and Citizenship

Students embark on a carousel of five PSHE and Citizenship topics during year 9, and typically have four lessons on each topic.

	Content	Assessment	What can a parent do to support?
Topic 1 Democratic rights and responsibilities	Local government Pressure groups Human rights Global citizenship	There is no formal assessment in PSHE and Citizenship. Assessment is ongoing during lessons, ensuring that students understand topics covered and are able to participate fully in classroom activities. The emphasis of the curriculum is on thinking, discussion, debate and challenge to ensure all students are able to leave school with an understanding of the world and their rights and responsibilities within it.	Ask your child what they are studying and encourage them to express their views. Watch the news as a family and talk about some of the issues that link to the PSHE topics. Encourage your child to be aware of what is happening in the local community and understand difficulties that people face. Talk through the increasing freedoms your child has as they get older and agree what their rights and responsibilities are Be aware of some of the peer pressures on children and support them to make informed choices Check internet security settings in the house are appropriate and monitor your child's use.
Topic 2 Citizenship and society	Impact of poverty Impact of racism and hate speech Valuing diverse religious views Developing leadership skills		
Topic 3 Media	The power of the Media Newspapers and digital media Social media and cyber safety The impact of 'fake news'		
Topic 4 Careers	Interests and skills Post 16 and post 18 pathways Higher Education opportunities Exploring careers		
Topic 5 SRE	Healthy relationships Managing relationships with parents Developing healthy romantic and sexual relationships Coping with external pressures on relationships and accepting difference The dangers of grooming for Child Sexual Exploitation and gang activity		

Staff Contacts: Miss Wilson



Year 7 - PSHE and Citizenship

Students embark on a carousel of five PSHE and Citizenship topics during year 7, and typically have four lessons on each topic.

	Content	Assessment	What can a parent do to support?
Topic 1 Identity and Diversity	Diversity in the UK Immigration Personal identity Challenging stereotypes	There is no formal assessment in PSHE and Citizenship. Assessment is ongoing during lessons, ensuring that students understand topics covered and are able to participate fully in classroom activities. The emphasis of the curriculum is on thinking, discussion, debate and challenge to ensure all students are able to leave school with an understanding of the world and their rights and responsibilities within it.	Ask your child what they are studying and encourage them to express their views. Watch the news as a family and talk about some of the issues that link to the PSHE topics.
Topic 2 Community	Belonging to a community Being a good citizen Rights and responsibilities Social action		Encourage your child to be aware of what is happening in the local community and get involved as a family.
Topic 3 Government	Why do we need a government? The structure of government in the UK Challenges for government – the environment		Encourage your child to get involved with cooking and planning meals to support healthy eating.
Topic 4 Physical Health	Healthy Eating and exercise Dangers of drugs Dangers of smoking Understanding disability and difference		Be available to talk through any friendship difficulties your child may have and offer advice.
Topic 5 SRE: Healthy friendships	Healthy relationships Managing friendships Anti-bullying Cyber safety		Check internet security settings in the house are appropriate and monitor your child's use.

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