

Key Stage 3 - PE

When	Girls Groups	Mixed Groups	Boys Groups	Assessment	What can a parent do to support?
Autumn	Netball Football Handball Gymnastics	Handball Football Basketball Volleyball	Football Rugby Basketball Handball	Practical assessments. Knowledge of sporting activity.	Encourage students to attend extra-curricular clubs. Encourage students to join a sporting club.
Spring	Trampolining Dance OAA Fitness	Fitness Table Tennis OAA Trampolining	Fitness Trampolining Table Tennis Volleyball	Understanding of health and fitness benefits.	Promote a healthy and active lifestyle.
Summer	Sports Leaders Athletics Rounders Cricket Tennis	Sports Leaders Rounders/Softball Cricket Athletics Tennis	Sports Leaders Cricket Athletics Tennis Rounders/Softball	Analytical and evaluative skills.	

Additional Information (optional)

Extra Curricular Clubs include: Athletics – Track/Field, Badminton, Basketball, Benchball, Boxercise, Cricket, Dodgeball, Dance, Football, Futsal, Fitness, Rugby, Rounders, Table Tennis, Tennis, Trampolining. The school also run the Duke of Edinburgh Award at KS4.

Helpful Books / Useful Websites

<https://www.doddlelearn.co.uk/app/login>

<https://twitter.com/sjexpressive>

Staff Contact Mr Plane

