



Lent

This Sunday coming will be the third Sunday in Lent and next Tuesday we will be having Reconciliation in school. The Reconciliation services give all students a chance to reflect on their lives and relationships with others and then all students have the option of receiving the sacrament during the morning. Over 120 students chose to receive the sacrament during Advent.

Focus Day

We have our second Focus Day of the year tomorrow which is why this newsletter is coming out today instead of tomorrow. We have a number of varied trips going out from the school and many students working within Faculties on the school site. Year 11 will be having a focus on exam revision, which will be very helpful in the run up to their final exams which start on 11th May.

Student Wellbeing Week

The student Wellbeing team have been leading activities this week in support of student Wellbeing. Activities have included producing a special blazer pocket card for Year 11 to help them to deal with exam and revision stress. There have also been opportunities for students to attend relaxation sessions, mindfulness, yoga and talk to a buddy. Thank you to all involved especially the students and Ms James. Our student mental health and well-being policy is on the school website if any parents wish to read it.

Parents Evening

Our next Parents evening is on **Tuesday 24 March at 3.45pm and is for Years 8 and 13**. Please make sure you book appointments as soon as possible.

Kate Pereira

**Academic Tutoring
Year 11
9 March - 20 March**

Banding Together Project

Banding Together is a project the school has done for two years now, where 15 students have been working with Greg Arrowsmith and Joe Bunker, who are two musical directors who have worked for films, musicals and theatre. This year's theme was based around the environment, and we composed and performed our own radio adverts and jingles based on global, local and future environment issues. We then joined four other local secondary schools to sing a song called 'save our earth' with our own verse in the song. Greg and Joe along with the music hub were very impressed with our students' attitude and respect for each other and they produced some fantastic pieces of music.

Here are some quotes from students who took part:

"Banding Together improved my confidence, everyone was supportive!"

"It was an experience never to forget"

"Hard work but amazing and fun at the same time"

"It was a chance for me to talk to people that I never thought I would"

We were also delighted to have some very positive feedback from one of the event organisers:

"Please pardon this out of the blue message but I felt moved to write a short email to praise the fantastic attitude displayed by your students on the Banding Together project."

It's my second year on this task and on both occasions students from your school have displayed a fabulous attitude, bringing enthusiasm, ideas and demonstrating tremendous respect for both us and each other. Miss Harmson gives us wonderful support too and a huge thanks to her for supporting this project."

...Valter, Tracy and Sheridan have acted as group leaders and have all been terrific."

We are already excited for next year! Watch this space Year 7 and 8!

Mrs Harmson

Coronavirus (COVID-19)

The school will be continuing to follow the latest Public Health England advice, which can be found here: <https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19>

Please download the Schoolgateway app on your mobile device to ensure you receive all future updates.



Alumni Network



Please help us reach out to our former students using your own networks. From doctors to dancers, pilots to plumbers, we need alumni from a range of careers to open our students' eyes to what's possible.

If you are a former student or know of any who'd like to stay in touch and give back to their old school, ask them to sign up at:

<https://networks.futurefirst.org.uk/signup/sjfchigh>



Inclusive Sports Festival



Last week the Hearing Hub, PE department and Sixth form YDP scholars worked together to run an inclusive Sports festival for Key Stage 2 students from across schools in Peterborough. The aim was for it to be a deaf-friendly festival, which was also open to students with many different kinds of Special Educational needs. The focus of the event was developing multi-skills and also building confidence and developing team working skills. The primary students really enjoyed the event and our scholars enjoyed the planning and delivery and found they had a natural affinity with many of the students. The Hub supported with advertising and coffee making and generally applauding the amazing efforts of our wonderful PE department and scholars.

Thanks must go to the primary schools who supported the event with particular congratulations to St Thomas More who had a winning team. Thank you also to the PE staff, Dan Jarvis from YDP and the scholars. We look forward to a similar, and bigger, event next year.

CALLING ALL PARENTS OF CHILDREN WITH AUTISM...



Do you have a child/adolescent with autism aged over 11?
Would you like to share your experiences to support others?

We are running a three week programme that offers you the opportunity to:

- Share your experiences of raising a child with autism.
- Understand how to use your experiences to benefit others.
- Build resilience with regard to supporting others.
- Develop your understanding of relevant legislation, rights and support networks.
- Develop your understanding of peer support and the associated benefits.

Sessions in Peterborough will start on **Wednesday 25**

March 2020 and run for three weeks.

Sessions will be held on **Wednesdays from 10.00am - 2.30pm.**



For further information and to book your place, please contact us on:
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 Health Education England

