



## Exam Season

The formal written GCSE and A level exams began on Monday and the first week has gone very smoothly. Next week we have an unusual situation as both Year 10 and Year 11 have the same exam (at the same time). On Monday morning they will all be sitting English Literature and so a breakfast revision session has been planned to take place beforehand in the main hall. The students taking the exam are aware of the details, but other students should note that the hall will not be available to them before school. The same will happen again on Friday morning when the students sit the second paper. There will also not be any House assemblies next week, but we will have an assembly for Year 10 on Wednesday morning. Mrs Wilmore has provided some additional exam advice on the right which is worth reading.

## Uniform Changes

We informed parents a couple of weeks ago that we will be changing our uniform from September. Although all parents should receive this newsletter every week I am aware that occasionally a student is absent or the newsletter stays in the school bag, so I am mentioning it again.

Details of the new uniform can be found on the school website in the Parents section where you can download order forms for uniform and sportswear.

There will also be a different PE kit on sale for next year, which new students and those buying replacement kit will be expected to purchase. The new kit will be supplied by a company called 3Q Sports.

## Parents Evening

Because of the Parents Evening for Years 7 and 10 on Tuesday, students will be dismissed at 2pm. Online appointments may still be made if you haven't yet done so.

Sean Hayes



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**Academic Tutoring: Year 10**  
**22 May – 9 June**

## Prepare for the exams

If you put petrol into a diesel car, it will stop working. The same applies to your brain if you give it the wrong foods. Certain foods will make you feel sluggish, jittery or crash your energy levels. On the day of your exam, have a good breakfast with slow-release carbohydrates like porridge. Add a banana, berries or nuts which will keep you fuller for longer. If you have an afternoon exam, have something like a jacket potato with tuna or baked beans, wholegrain sandwich or an omelette. During the whole exam period limit your caffeine intake and avoid all sugary foods and drinks. These will give you an energy high but this high will crash. Instead drink water; dehydration will cause your brain to shut down and could lead to headaches. If you are interested in what to have for snacks or main meals please email me and I will send you a recipe book with ideas.

Mrs Wilmore

## PE Department Sports Roundup

It's been a very busy time in the PE department this week. Firstly a huge well done to the Year 8 boy's football team who made it to the Plate final on Monday with a 4-1 win away against Stanground Academy. The goals came from a Sidney Pereira free kick and a Diogo Costa hatrick.

The Under 15s boy's cricket team played their first game of the year against a strong TDA team. The boys fell just short but a special mention needs to go to Omar Hayat who took 3 wickets from 3 consecutive balls. Well done Omar!



Also on Monday three year 10 students competed at the Peterborough Athletics track in the City Sports Competition. Well done to Paulo Rocha, Dario Balde and Ines Monteiro. Dario came second on the day recording 160cm in the high jump and will now represent the city in further athletics competitions.

On Sunday the PE department travelled with 12 students to the O2 arena in London to watch some basketball in the BBL Playoff final where Leicester Riders took on the Newcastle Eagles. They were also treated to an All-stars game with the likes of David James and Adi Akinfenwa playing for a charity called Hoop aid. Not only did they get to watch all of this but

also got to watch a half time show which included Tinchy Stryder. Everyone had a great day watching Leicester Riders retaining the trophy. Finally a big well done to the Year 10 sports leaders who this week have completed their Level 1 rugby leaders award with Tom Orton from the RFU over a 6 week period. Congratulations Guys!

## **Humanities News**

### **Faculty Field Visits – Summer 2017**

As the weather gets warmer and drier, it is perhaps appropriate to remind you that Humanities is starting its annual fieldwork season.

Year 7 Geography students have been invited to attend a field trip to Ferry Meadows Country Park on either July 3rd or 5th to collect weather based measurements as part of a field enquiry.

After a successful visit to the Imperial War Museum, Duxford earlier in the year, year 8 Geography students have been invited to attend another visit. This time we will be going to Hunstanton and the North Norfolk Coast, to identify depositional and erosional landforms on the 20 June.

Year 10 and 12 Geography and History students have been invited to attend the regular residential field visit to North Wales from the 10 – 14 July which is now in its 18th year. This visit is a chance for staff and students to get to know each other better and will include visits to a series of castles and cresting as many mountains as possible.

Year 10 Travel and Tourism students have been planning their own visit to Ferry Meadows, and in lessons have been considering how the journey could be made and the activities that could be completed as part of the trip at the end of June.

On the 17 July, Year 7 students will have the opportunity to visit Twycross Zoo along with teachers from the faculty.

To allow us to secure places and to allow staff the opportunity to plan these visits as early as possible, letters and monies should be returned to school without delay. Students can ask their teachers for further information and letters.

### **Year 11 Travel and Tourism**

Congratulations to all students of Year 11 BTEC Introduction to the Travel and Tourism Industry, 100% of whom have successfully passed and certificated.

At Level 1 Award in Introduction to the Travel and Tourism Industry are Aimilia Petre and Tomas Vaitkevicius.

At Level 1 Diploma in Introduction to the Travel and Tourism Industry are Mateusz Mielcarek, Mateusz Karasiak, Edgar Sablinskij, Kevin Vidlicka, and Lewis Whitwell.

Well done to all students who have worked extremely hard to develop their key skills, as well as knowledge and understanding of the industry. I would like to wish them continued success in the future as they move to study new options.

*Dr Bottrill, Humanities Faculty Leader*

## **Beverley House News**

This half term has seen our Year 11 students start their GCSE examinations. The season kicked off with practical exams first and written exams this week. Speaking with some of our Year 11's about their exams so far it seems like they have already had some positive experiences and have grown in confidence, so hopefully there will be some positive results to follow. They have also been sharing good revision practice with their peers during form time, encouraging each other to go the extra mile with their revision and helping others to be more proactive and organised when they revise. It has been nice to see some of the younger students also take an interest in this, and use some of the GCSE revision strategies in their own learning.

We are also proud to say that the two models for the new girls' school uniform are Beverley students, picked for their exemplary uniform. As the school uniform is changing quite dramatically for girls in September, the school has wanted to showcase the new uniform to some of our feeder Primary schools. Trinity Francis and Elicia D'Ambrosio (Y8) have willingly offered to be ambassadors to model this new uniform, and show our new and upcoming students just how smart the girls at St John Fisher will be in September. Urte and Ema Cibityte also deserve a mention for representing the school in a project run by Peterborough Inter Faith Council, to provide voluntary help and support to some of the homeless in our city. These girls have taken an active involvement in this project and have dedicated their time to help others in need. I would also like to mention Gediminas Kozik for his role in promoting our school sports to other primary schools in the Primary Schools' Football Festival. He has had an active part in planning this scheme along with other students in the school, and will be a great sports role model for the younger students involved.

With charity in mind, it is also worth mentioning that Beverley are in the process of creating a Charity Council for our house, which will run alongside the House council. The aim is to have a greater input from our students in terms of fundraising, and to also organise, promote and encourage others to take part in charity events offered within the House and School. There are currently elections being held for a charity rep in each form and these students will help with the future running of House charity events, including Red Day which is coming up in the final half term of the year. I am sure this will be a success, and will help to drive and inspire the importance of charity and helping those in need.

In terms of the House Competition, although we finished 'fourth from top' last year, we are making a big effort to have a better finishing place come July. Our current figures are looking good; we currently have the least amount of behaviour points out of all the houses and are second in terms of loyalty cards. B5 are currently top of the table at the moment as the form who are collecting the most amount of points for the House and will hopefully continue to do so.