



Ash Wednesday

On Wednesday we held our annual services in school to mark the beginning of Lent, the most solemn time in the Church's calendar. It was an opportunity for students and staff to pause and reflect on what this means for them and for others. Following the service the ashes were distributed to students by marking a cross on their foreheads. As they were administered the words "Remember that you are dust and to dust you shall return" were spoken, to remind people that they are mortal and that they are God's creation. Traditionally ashes are also associated with penance and that links with the idea that Lent is about reflection and reconciliation.

Assemblies led by students this week have reflected this idea of being on a life journey and led their houses in very thought provoking reflections. Well done to all students involved in services and assemblies this week.



Wellbeing

Our staff training day on Monday was dedicated to promoting staff well-being; good physical and mental well-being is important in any family or school community. During the week beginning 9th March we are having a Well-being week for students and next week our Student Well-being group will be speaking about this in assemblies, inviting all students to take part. I do hope that parents will encourage students to participate in this community activity.

Kate Pereira

**Academic Tutoring
Year 7:
24 February - 6 March**

Alumni Network



Please help us reach out to our former students using your own networks. From doctors to dancers, pilots to plumbers, we need alumni from a range of careers to open our students' eyes to what's possible.

If you are a former student or know of any who'd like to stay in touch and give back to their old school, ask them to sign up at:

<https://networks.futurefirst.org.uk/signup/sjfchigh>

Sports Colours

The PE department is delighted to announce the launch of Sports Colours this term. The awarding of Sports Colours will reward students by recognising sporting excellence and effort within PE. There are a number of criteria that needs to be met in order for someone to be awarded Sports Colours. These are:

- 1) Participation of 80% or higher in training and matches in Netball, Football or Basketball.
- 2) Attendance of 80% or higher in 4 or more extra-curricular clubs.
- 3) Achieving 1s and 2s in Attitude to Learning in PE at all assessments points.
- 4) Not receiving a C2, C3 or C4 within a PE lesson.
- 5) Bringing correct PE kit during lessons.

If students achieve these criteria then they will be awarded Sports Colours. These will be awarded at the end of Year 8 for KS3 students and Year 10 for KS4 students. KS3 students will be awarded a T Shirt for use in PE and KS4 will be awarded a different tie to be worn as part of the school uniform. Once awarded, the Sports Colours students will be Ambassadors for PE within the school and beyond. Mr Plane will be talking in assemblies about Sports Colours later this term and the first recipients will be awarded their colours at that point.

CALLING ALL PARENTS OF CHILDREN WITH AUTISM...



Do you have a child/adolescent with autism aged over 11?
Would you like to share your experiences to support others?

We are running a three week programme that offers you the opportunity to:

- Share your experiences of raising a child with autism.
- Understand how to use your experiences to benefit others.
- Build resilience with regard to supporting others.
- Develop your understanding of relevant legislation, rights and support networks.
- Develop your understanding of peer support and the associated benefits.

Sessions in Peterborough will start on **Wednesday 25 March 2020** and run for three weeks.

Sessions will be held on Wednesdays from 10.00am - 2.30pm.



For further information and to book your place, please contact us on:

melissatharm@foxtrainingsolutions.co.uk,

debbieparry@foxtrainingsolutions.co.uk.

Telephone: 07968141919 or 07508345685



Health Education England



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Sheffield Hallam Sports Roadshow

Students from Year 9, 10 and 12 were lucky enough to participate in a sports roadshow run by Sheffield Hallam University on Thursday 13 February.

Sheffield Hallam University

The Years 9 and 10 students had a talk on the sports courses on offer and the facilities at the university. They also took part in a task where they looked at the variety of jobs within the sports industry at varying locations. They had the opportunity to ask questions about University life and the pathways that they could take to get there.



Year 12 students also met the team but their focus was on the qualifications needed to get onto a variety of sports courses, based on their current courses. They completed a task where they had to match course requirements to a variety of courses. They finished with information on student finance and a question and answer session. All the students enjoyed the opportunity and felt better prepared for making decisions about a future in the sports industry and / or at University.

